



THE TERRACE

Lounge





Freshly Prepared Sandwiches

All served on white or granary bread. Available 24 hours

Roasted Cornish Beef with Mustard or Horseradish	£6.95
Honey Roasted Devon Ham with West Country Chutney Relish ..	£6.95
Roast Devonshire Turkey with Cranberry Sauce	£6.95
Egg, Bacon, Tomato, Watercress and Mayonnaise	£6.95
Award Winning Mature Cheddar Cheese and Pickle	£6.95
Atlantic Prawns with Marie Rose Sauce	£7.50
Traditional Smoked Salmon with Lemon and Dill Dressing	£7.50
Local Hand Picked Fresh Cornish Crab with Lemon Mayonnaise .	£9.50
Smoked Chicken, Bacon, Egg Mayonnaise Club Sandwich	£10.50

Lighter Snacks

Freshly Prepared Soup of the Day	£5.95
Made with local produce and served with homemade rolls	
Potted Duck and Orange Pate	£7.95
Served with toasted sourdough	
Tempura King Prawns	£8.95
Served with a chilli dip	
Sticky Chicken Satay, Soy and Honey Sauce	£8.50
Crispy Deep Fried Mozzarella	£8.50
With sun blushed tomato relish	
3 Sourdough Bruschettas	£8.95
Topped with sun blushed tomatoes and mozzarella, coronation chicken, prawns with Marie Rose sauce	





Carlyon Classics

- Freshly Made Omelettes (made with free range eggs)** £9.95
Smoked salmon & prawn, wild mushroom, bacon & cheddar cheese
or Arnold Bennett (smoked haddock & cheese)
- The Carlyon 8oz Homemade Burger** £10.75
Served with bacon, cheese, salad and fries
- Sun-dried Tomato & Parmesan Linguini** £12.00
Served with garlic bread
- Char Grilled Chicken Caesar Salad** £13.00
Served with garlic bread
- Char Roasted 8oz Carlyon Rib Eye Steak** £17.50
Served with mushrooms, vine tomatoes, fries and fried onion rings

Fresh from the Sea

- Poached Cornish Mussels** £13.50
With parsley, cream, white wine and granary bread
- Local Cornish Fish in Beer Batter** £13.50
With thick chips and lemon
- Grilled Cornish Fish of the Day** £13.50
With citrus butter, fries and a tossed salad
- Smoked Salmon, Crevettes, Atlantic Prawns & Dill Salad** £14.95
- Cornish Crab, Mango, Coriander, Avocado & Watercress Salad** £14.95
- SIDE DISHES** £3.00
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|---------------------|----------------------------------|
| Chips | Marinated Olives |
| Tossed Salad | Garlic & Cheese Bread |





Afternoon Tea

Cakes and Pastries £3.50

Selection of Biscuits £2.75 per person

Cornish Cream Tea £7.95

Enjoy a traditional Cornish cream tea served with two fresh homemade scones, local Boddingtons strawberry jam, Cornish clotted cream and a pot of freshly brewed “Cornish Grown” tea or coffee

Carlyon Bay Tea £15.00 per person

Smoked salmon, egg & cress and cucumber sandwiches followed by your choice of cake or pastry together with homemade scones, local Boddingtons strawberry jam, Cornish clotted cream and a freshly brewed pot of “Cornish Grown” tea or coffee

Cornish Ice Creams £3.95

Selection of locally made ice creams

Fresh Strawberries and Thick Local Clotted Cream £4.50

Beverages

A Wide Range of Speciality Teas and Coffees £3.50 per pot

In an effort to support the development of the Third World Countries we are delighted to present our range of Fair Trade coffees.

Please choose from the following:

Speciality Teas

Ceylon
China
Earl Grey
Decaffeinated
Lapsang Souchong
Green Tea
Peppermint Tea

Speciality Coffee Cafetiere

Tiki
Tiki decaffeinated
Espresso (per cup)
Cappuccino (per cup)
Latte (per glass)
Other coffees are available on request

A wide selection of herbal and fruit infusions are also available





Children's Menu

SOUPS & FRUITS

Our Own Real Tomato Soup	£3.00
Sweet Crunchy Salad	£3.00
Sweet Melon & Soft Fruits	£3.00

PASTA FAVOURITES

Three Colour Pasta with Cheddar Cheese Sauce	£5.00
Tagliatelle with Meat Balls	£5.50
Fresh Spaghetti with Tomato & Cheese	£5.50

FROM THE GRILL

Grilled Fresh Chicken Breast	£6.50
With jacket potato & fresh vegetables	
Flame Grilled Pure Local 100% Burger	£6.00
With sesame bap & salad	
Local Cornish Steak	£7.00
With fries, tomato & fresh mushrooms	
Carlyon Roast Joint of the Day	£6.00
With roast potatoes & fresh vegetables	
Fresh Organic Chicken 'Nuggets'	£5.50
With fries & salad	

FROM THE CORNISH SEAS

Fish Fingers	£6.00
With fries & crunchy salad	
Baked Local Cornish Fish	£6.50
With fresh crunchy salad & new potatoes	

PUDDINGS

Fresh Dairy Ice Creams	£3.00
Yoghurt & Fruit	£3.00
Jellies & Ice Cream	£3.00
Fresh Fruit Salad	£3.00
Chocolate Fudge Cake	£3.00

Should you have any allergies or special diets please inform us of your needs





CARLYON BAY HOTEL

SPA & GOLF RESORT

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